

Do you water your dreams?

Several years ago while in a boss's office, he leaned over to a brown, wilted plant and said "just hurry up and die already!" I thought that strange and asked to take it. I removed the dead parts, placed it in a sunny window, and regularly gave it water and positive attention. I was determined to grow this plant because I enjoy plants and I wanted to prove I could make it grow.

Fast forward a few years later.....my cube is graced with a 3 foot tall beautiful green Areca palm. It provides a filter from the fluorescent lighting and is a constant conversation piece. Regularly, my co-workers visit it, water it or just touch it.

Since this plant occupies a corner of a small cube, I interact with it daily. Regularly I add water, turn it to a new position, maybe play it some music, etc. As expected, with the regular maintenance, it continues to grow tall. However, the routine care is effortless for me because it's become a regular habit.

We all have dreams and they usually require regular attention and effort, just like growing a plant. So how often do you "water" your dreams?

How frequently do you acknowledge your dreams/goals? What steps do you take, how much care are you putting into achieving them. Do you "water" your dreams to make them grow? Or do they sit waiting in a drought stricken state, craving for any drop of hope?

It's easy with my plants because I immediately see their status with just a glance. Wouldn't it be nice if we were that tuned into our dreams to know immediately their status and when they need extra attention?

Dreams, like plants, don't become big and beautiful over night; it takes regular time and care to grow and sustain them. At first, you may have to make notes on what to do and when, also known as goals. After continual practice, your efforts will become a habit and you will just do what needs to be done. With this regular effort, you will soon be in tune with what works best and what requires adjustment.

Our dreams are often like plants in a forgotten corner; drying up, as other things demanding our attention get those necessary drops of water. Our dreams will produce if watered, so go water your dreams and watch them grow!